

The Basics of Medicine Use Reviews (MUR)

Medicine USE Reviews (MURs) —What's the purpose?

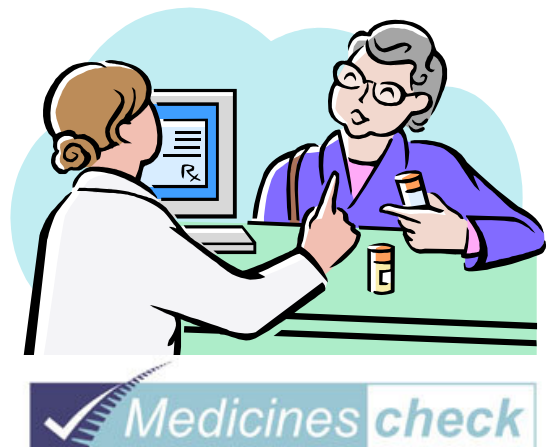
- ✓ To check a patients understanding of how their medicines should be **used**
- ✓ To discuss how a patient should **use** their medicines correctly
- ✓ To check if a patient knows how to **use** their medicines
- ✓ To provide an explanation of the condition the medication is **used** for
- ✓ To check if the medication is **used** as prescribed
- ✓ To pinpoint any issues that may affect the correct **use** of medicines
- ✓ To identify any side effects experienced from the **use** of medicines
- ✓ To ascertain if there are medicines no longer **used** and to remove them

What an MUR is not:

- × About having a discussion to change drug treatment
- × To discuss a medical condition beyond what the drug is intended for
- × About looking at the effectiveness of drug treatment based on clinical test results
- × A comprehensive medication review

The benefits of Medicine Use Reviews to: Patients

- Individual time to build a relationship with their pharmacist
- Provides an opportunity to ask questions about their medicines
- To learn about their medicines and how they should take them to get the most out of them
- An improvement in their health outcomes through enhanced treatment



Pharmacists

- To utilise their skills effectively
- Builds trusting relationships with their patients
- Integration with the healthcare team
- Provides a new business opportunity
- Builds on services offered to the community

General Practitioners

- Highlights difficulties patients may have in taking their medicines
- Reduction in workload through medicine management
- Increased health in local community
- Development of collegial relationship with primary healthcare team

District Health Boards / Primary Healthcare Organisations

- Reduction in drug expenditure and medicine wastage
- Increased population health
- Effective medication use
- Reduction in medicine related hospitalisations
- Increased access to primary health care